



The Parkland Federation

Aim High, Work Hard, Dream Big

If you see someone without a smile, give them one of yours

30th June 2023

Dear Parents and Carers,

Welcome to our penultimate newsletter of 2022-2023. From September 2023, we will be moving to Facebook for all of our updates, so please do ensure that you have visited our new page. <https://www.facebook.com/theparklandfederation/>

A big thank you to all of the parents and grandparents who attended our Sports Days this week. The children had a wonderful day and enjoyed taking part as well as watching their mums, dads and teachers race. We would like to extend a very big thank you to the wonderful Fops Team for supporting the event by volunteering their time to sell refreshments, organise cakes and sell pre-loved uniform. We are very lucky to have you as part of our Parkland Community!

Although we are drawing to the end of this academic year, we still have plenty of exciting things ahead, including our International Day on Monday. We can't wait to see the children dressed up to represent a country of their choice.



EYFS



Reception have had a busy and wonderful two weeks learning about 'The Pirates Next Door' and 'Tiddler'. The children have been designing posters about Eastbourne beach to welcome tourists to come and visit our seaside town. They have been learning to share into equal groups and have enjoyed using golden coins to share their treasures fairly. We were blown away with Reception's positive attitude to sports day this week! The children all put in 110% effort and showed great resilience throughout the afternoon. Well done, Kerr and Inkpen class. You are AMAZING!

Congratulations to our Stars of the Week Luna & Johnny (Kerr) and Lillie & Theo (Inkpen) and also to our Dojo winners Ellie & Frankie (Kerr) and Freddie & Emelia (Inkpen)

Year 1



It has been an exciting week for Year 1! We had our school trip to Lewes Nature Reserve on Tuesday. Brimming with enthusiasm and curiosity, our young explorers delved into the wonders of the natural world, immersing themselves in the captivating realm of pond dipping. We discovered tadpoles, dragonfly nymphs, and water beetles among an array of fascinating creatures! We also had the opportunity to explore various habitats within the reserve. We identified different plants and learned about the vital role they play in sustaining life. Year 1 also had a fantastic Sports Day this week and threw themselves into the different events, including sack racing, javelin and a rather tricky obstacle course!

Congratulations to our Stars of the Week Teddy & Ini (Donaldson) and Archie & Oliver (Blake) and also to our Dojo winners Billie & Lily (Donaldson) and Isla & Henry (Blake)

Year 2

Year two have had a very hot and very busy last two weeks! We had an incredible Sports Day with all children taking part with such enthusiasm. We were so proud of their effort and the way they cheered on their classmates.

We have been incredibly lucky to have had visitors from Switzerland in our class this week. They have taught the children all about their home country and about the culture of Switzerland. They were kind enough to bring in chocolate for us to try which sparked a big debate: Is Swiss chocolate better than British chocolate? This has been perfect preparation for our International Day on Monday!

Congratulations to our Stars of the Week Gracie & Kitty (Beaty) and Alex & Rose (Santat) and also to our Dojo winners Minnie & Maisie (Beaty) and Fin & Aurora (Santat)



Year 3

Wow! What a busy two weeks it has been for Year 3. We have completed NFER tests and our RSE lessons, the children all worked really hard and we are very proud of them. In Design Technology, the children designed, made and ate their own fruit salads. This week we have had so much fun. The children took part in a variety of events at Sports Day. We also had a wonderful trip to Friston Forest where the children built dens and went on bug hunts. This week was finished off with an amazing recorder recital where the children got to showcase everything they have learned in their lessons this year. Well done, Year 3!

Congratulations to our Stars of the Week All of Woodson class & Lukesh (Woodson) and Caitlin & Harlie (Harrison) also to our Dojo winners Mollie & Neve (Woodson) Luca & Freya (Harrison)



Year 4



Year 4 embarked on a memorable school visit, immersing themselves in the natural beauty of Cuckmere Haven and the nearby area. The cliffs, tranquil river and lush green meadows were truly awe-inspiring! Assisted by our wonderful parent helpers, our curious explorers had the opportunity to find out about the rich nature of the Cuckmere Haven area.



What's better than a delicious slice of pizza? Making your own from scratch! Year 4's pizza making extravaganza was an absolute blast! Our young chefs put on their aprons, rolled up their sleeves and got creative with toppings. From classic Margherita to adventurous combinations, the kitchen was filled with mouthwatering aromas and giggles of joy!



Congratulations to our Stars of the Week: Alannah and Ava (Walliams) and Lilly and Edison (Blackman) and also to our Dojo winners Aleksandr and Faith (Walliams) and Eric and Amelia (Blackman)



Year 5

Year 5 have been rather busy! We started to create our Parthenon models in DT and got very messy! The children loved using Modroc to sculpt their parthenon and make it strong! We were so impressed with their perseverance and love for trying a new method!



The children completed their assessment this week and we can't believe how grown up they all are. They did so well and we are so proud to be their teachers!

We would like to say a special thank you to Mr Thrower for organising a wonderful Sports Day! Year 5 had a brilliant time and their attitude was fantastic!



Congratulations to our Stars of the Week Olivia-May and the whole of 5 Wilson, Lily Fe and Alyssa (Zephaniah) and also to our Dojo winners Alice and Amelia (Wilson) Aurelia and Desaine (Zephaniah).

Year 6



It has been another busy fortnight for Year 6. Whilst many of the children were on the residential to Blackland Farm, where a great time was had by all, the children who stayed behind had an amazing time taking part in activities which included making pizzas, eating ice-cream and enjoying a trip to Hampden Park.

This week there has been a focus on PSHE and RSE. The children have been extremely sensible and mature during these lessons.

Transition to secondary school will be happening very soon for Year 6. We have enjoyed visits from Eastbourne Academy and Ratton. Both schools sound amazing and the children are incredibly excited about joining them. We hope they like their hoodies too!

Congratulations to our Stars of the Week Neveah B and Kayden (Rosen) Scarlet (Mian) and also to our Dojo winners Vika and Sophia (Rosen) Liam and Esmee (Mian)

This week's Attendance:

Excellent attendance at school allows a child to have the best possible start in life. All pupils should aim for at least **97%** attendance in order to ensure they do not miss out on their education.

Inkpen Class (YR) 95%	Kerr Class (YR) 97%	Blake Class (Y1) 96%
Donaldson Class (Y1) 97%	Santat Class (Y2) 97%	Beaty Class (Y2) 97%
Harrison Class (Y3) 97%	Woodson Class (Y3) 96%	Walliams Class (Y4) 97%
Blackman Class (Y4) 98%	Zephaniah Class (Y5) 93%	Wilson Class (Y5) 95%
Mian Class (Y6) 93%	Rosen Class (Y6) 94%	The Highest Attendance Award goes to Blackman class . Well done!



Eco Committee

Our **Eco tip** this fortnight is to support Eco-Friendly Products! Look for products with eco-labels and certifications that indicate they are **environmentally friendly** such as ENERGY STAR for appliances or Forest Stewardship Council (FSC) for wood and paper products. Try to support companies that prioritise **sustainability** and ethical practices. You can also reduce plastic waste. Minimise the use of plastic by opting for reusable alternatives. Bring your own shopping bags, water bottles and coffee cups. Avoid single-use plastics like straws and cutlery and choose products with minimal packaging.



Planting trees and supporting conservation efforts can also help. Trees absorb carbon dioxide and help combat **climate change**. Furthermore, consider planting trees in your community or supporting organisations that engage in reforestation and conservation efforts. Most importantly, educate and advocate! Share your knowledge and encourage others to adopt eco-friendly practices. Stay informed about environmental issues and support policies and initiatives that promote sustainability.



School Council

Our Junior **Citizens of the Fortnight** this week are Mya and Poppy from Mian class for being wonderful role models and doing a thorough litter pick of our school field recently! Well done!



Our Infant **Citizen of the Fortnight** this week is Lily from Donaldson Class. Lily is always so kind and caring to everyone and is a fantastic role model for her peers to look up to. You are amazing!

Blackland Farm Residential 2023

Our Year 6 adventurers recently embarked on an incredible school trip to Blackland Farm! They were accompanied by Blackland first-timers Mrs Handley and Miss Gibbs, as well as seasoned veterans Mr Johnson and Mr Thrower. Blackland Farm has been an unforgettable experience for our young explorers who took part in thrilling outdoor activities which fostered teamwork and personal growth. There were various climbing activities to navigate, water adventures including canoeing across the lake and of course the night hike!

Although Day 2 began with a thunder storm and an absolute deluge, this did nothing to deter the pupils' spirit and enthusiasm for the second day of activities. A high-stakes game of Heartbreak Ridge saw the children and adults battle to and fro, doing their best to capture the flag!

The children really embraced new challenges, stepping outside their comfort zones and discovered hidden talents within themselves. A huge thank you must go to all the pupils who made Blackland Farm 2023 such an incredible experience and of course to the adults who go with them, giving up their free time to ensure the children leave our school with memories that will last a lifetime.



Year 5 Multi-Skills Festival at Eastbourne Academy

The Year 5 Multi-Skills Festival at Eastbourne Academy was a great success! The event was attended by a number of students from Parkland Junior School, as well as other local schools and the children took part in a variety of activities based around a wide range of sports. We are so pleased that the children were able to demonstrate the schools games values of self-belief, responsibility, respect, honesty, determination and teamwork. These values are important because they help to create a positive and inclusive sporting environment where everyone can feel welcome and valued. They also help to promote fair play and sportsmanship, which are essential for a healthy and enjoyable sporting experience. The children demonstrated this in an abundance when they were competing and we were incredibly proud of them for doing so well.

The festival was a great opportunity for students to try new skills and have some fun. The feedback from students and staff was overwhelmingly positive. I would like to thank all of the staff and students who helped to make the festival such good fun - you should all be incredibly proud of yourselves.



Sports Day 2023

The energy was high as all pupils gave it their all during Sports Day 2023! In the sprint event, our young athletes zoomed down the track, leaving a trail of determination behind them! They sprinted their way to the finish line, showcasing their speed and agility.

Teamwork made the dream work in the relay event as our pupils joined forces, passing the baton with precision and cheering each other on. The relay race was a fantastic display of camaraderie and cooperation. Our children showcased their coordination and competitive spirit, passing the baton smoothly and racing towards victory. We couldn't be prouder of their efforts. Go, teams!

Watch out for those hurdles and cargo net! Our little adventurers fearlessly conquered the challenging obstacle course, testing their strength, balance and problem-solving skills. They truly showed us that obstacles are just opportunities in disguise!

Aim, focus, and let it fly in the javelin! Our future Olympians aimed high, both in the javelin and target throw events. Their precision and determination were truly impressive! Laughing all the way, our pupils hopped their hearts out in the sack race! Their enthusiasm was contagious as they bounced towards the finish line.

The toddler, parent and teacher race was a sight to behold and the competition was fierce! Well done to all those who participated in each of these races and a huge congratulations to the winners.

A massive thank you to our fabulous infant and junior children who competed so well at this year's sports day event. We are also very grateful to our wonderful parents and carers who came and cheered the children on. Thank you to everyone who made Sports Day 2023 a wonderful event and a fitting way to bow out as this wonderful schools' PE coordinator - a role I shall miss very dearly.

Mr N Thrower



Mental Health and Wellbeing Support



Swale
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HERE



on Safeguarding For Parents Curriculum Health & Wellbeing Remote Education

Information and support for parents

[Family Focus E bulletin \(Please click\)](#)

This Newsletter includes information on the following topics:

- Holiday Food and Fun for the summer holidays
- Supporting Families through partnership
- Summer Reading Challenge
- Hangout and Funky Teens SEN Sessions
- Family Learning
- Domestic Abuse and Violence Prevention
- Cost of Living Support



[Holding Space \(Please click\)](#)

A fantastic local charity that supports parents whose children are struggling with their mental health.

[Open for Parents \(Please click\)](#)

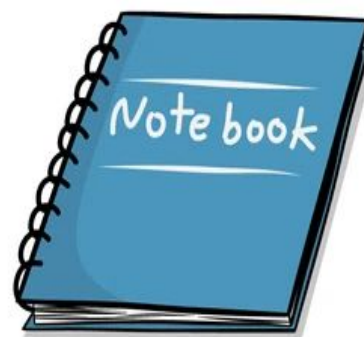
A website that has information on a vast number of subjects to support parents.



Important Dates and INFORMATION

Diary Dates

3rd July	International Day - International Mufti
4th and 6th July	Transition Afternoons for Year R - 5.
4th July	Year 6 to new secondary schools ALL DAY
14th July 2023	End of Year Reports to parents
18th July 2023	Year 6 Leavers' Assembly PM
19th July 2023	Year 2 Leavers' Assembly PM
21st July 2023	Final Day of Academic Year
5th September 2023	First Day of New Academic Year



thank you!



Join us this school holiday for **FREE FOOD & FUN!**

Enjoy a tasty and healthy meal and have fun playing together and joining in with a variety of activities.

10 dates across the summer offering lunch or dinner



Cooking Multi-Sports Crafts Dancing

Games Circus Skills Gardening

Book online at:

<https://eequ.org/thetreescommunityassociation>

Please do contact us at the Centre if you need help making your booking

Willingdon Trees Community Centre, Holly Place, Eastbourne, BN22 0UT T:
01323 504438. E-mail: eastbourne@sussexcommunity.org.uk

Places are limited and advance booking is essential.
Children under 16 years of age must be accompanied by an adult.

What Parents & Carers Need to Know about

YOUTUBE

YouTube is a video-sharing social media platform that allows billions of people around the world to watch, share and upload their own videos with a vast range of content – including sport, entertainment, education and lots more. It's a superb space for people to consume content that they're interested in. As a result, this astronomically popular platform has had a huge social impact: influencing online culture on a global scale and creating new celebrities.

INAPPROPRIATE CONTENT

YouTube is free and can be accessed via numerous devices, even without creating a YouTube account. Some content is flagged as 'age-restricted' (requiring the user to be logged into an account with a verified age of 18), but children can still view some mildly inappropriate material. This can include profanity and violence, which some young users may find upsetting.

CONNECT WITH STRANGERS

YouTube is a social media platform which allows people to interact with other (usually unknown) users. Account holders can leave comments on any video they have access to, as well as messaging other users directly. Connecting with strangers online, of course, can potentially lead to children being exposed to adult language, to cyberbullying and even to encountering online predators.

SUGGESTED CONTENT

YouTube recommends videos related to what the user has previously watched on their account, aiming to provide content that will interest them. This is intended to be helpful but can also lead to binge-watching and the risk of screen addiction, especially if 'auto-play' is activated. Users without an account are shown popular videos from the last 24 hours, which might not always be suitable for children.

HIGH VISIBILITY

Content creators can also be put at risk – especially young ones who try to make their online presence as visible as possible. Creating and uploading content exposes children to potential harassment and toxicity from the comments section, along with the possibility of direct messaging from strangers. Videos posted publicly can be watched by anyone in the world.

TRENDS AND CHALLENGES

YouTube is teeming with trends, challenges and memes that are fun to watch and join in with. Children often find these immensely entertaining and might want to try them out. Most challenges tend to be safe, but many others may harm children through either watching or copying. The painful 'salt and ice challenge', which can cause injuries very quickly, is just one of many such examples.

SNEAKY SCAMMERS

Popular YouTube channels regularly have scammers posing as a well-known influencer in the comments section, attempting to lure users into clicking on their phishing links. Scammers impersonate YouTubers by adopting their names and profile images, and sometimes offer cash gifts or 'get rich quick' schemes. Children may not realise that these users are not who they claim to be.

Advice for Parents & Carers

APPLY RESTRICTED MODE

Restricted Mode is an optional setting that prevents YouTube from showing inappropriate content (such as drug and alcohol abuse, graphic violence and sexual situations) to underage viewers. To prevent your child from chancing across age-inappropriate content on the platform, we would recommend enabling Restricted Mode on each device that your child uses to access YouTube.



TRY GOOGLE FAMILY

Creating a Google Family account allows you to monitor what your child is watching, uploading and sharing with other users. It will also display their recently watched videos, searches and recommended videos. In general, a Google Family account gives you an oversight of how your child is using sites like YouTube and helps you ensure they are only accessing appropriate content.

CHECK PRIVACY SETTINGS

YouTube gives users the option of uploading videos as 'private' or 'unlisted' – so they could be shared exclusively with family and friends, for example. Comments on videos can also be disabled and channels that your child is subscribed to can be hidden. If your child is only uploading videos that are protected as 'private', they are far less likely to receive direct messages from strangers.

CHECK OTHER PLATFORMS

Influential content creators usually have other social media accounts which they encourage their fans to follow. Having an open discussion about this with your child makes it easier to find out how else they might be following a particular creator online. It also opens up avenues for you to check out that creator's other channels to see what type of content your child is being exposed to.

MONITOR ENGAGEMENT

YouTube is the online viewing platform of choice for billions of people, many of them children. Younger children will watch different content to older ones, of course, and react to content differently. You may want to keep an eye on how your child interacts with content on YouTube – and, if applicable, with content creators – to understand the types of videos they are interested in.

LIMIT SPENDING

Although YouTube is free, it does offer some in-app purchases: users can rent and buy TV shows and movies to watch, for example. If you're not comfortable with your child purchasing content online, limit their access to your bank cards and online payment methods. Many parents have discovered to their cost that a child happily devouring a paid-for series quickly leads to an unexpected bill!

Meet Our Expert

Clare Godwin (a.k.a. Lunawolf) has worked as an editor and journalist in the gaming industry since 2015, providing websites with event coverage, reviews and gaming guides. She is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including game development and writing non-fiction books.



National Online Safety®

#WakeUpWednesday